

NATURAL FRUIT CORP
 PIÑACOLADA FROZEN FRUIT BARS

Nutrition Facts			
Serving Size 3 fl oz (98 g)			
Servings Per Container 1			
Amount Per Serving			
Calories 140	Calories from Fat 20		
% Daily Value*			
Total Fat 2g	3%		
Saturated Fat 2g	10%		
<i>Trans</i> Fat 0g			
Cholesterol 0mg	0%		
Sodium 10mg	0%		
Total Carbohydrate 28g	9%		
Dietary Fiber 2g	8%		
Sugars 25g			
Protein 1g			
Vitamin A 0%	• Vitamin C 10%		
Calcium 0%	• Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: PINEAPPLE, COCONUT CREAM, WATER, CANE SUGAR, NATURAL STABILIZERS (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), CITRIC ACID.

Allergen information: Contains Tree Nut (Coconut) Ingredients