NATURAL FRUIT CORPORATION CARIBBEAN MIX FROZEN FRUIT BAR

Nutrition Facts Serving Size 4 fl oz (118 mL)					
Servings Per Container 1					
Amount Per Serving					
Calories 120			Calories f	Calories from Fat 0	
%Daily Value*					
Total Fat 0g			/0 D	0%	
Saturated			0%		
Trans Fat 0g					
Cholesterol 0mg				0%	
Sodium 10mg				0%	
Total Carbohydrate 32g 11%					
Dietary Fi	iber 1g		4%		
Sugars 30g					
Protein 0g					
Vitamin A 8	3%	•	Vitamin	C 20%	
Calcium 0% •		•	Iron 0%		
*Percent Daily Values are based on a 2,000 calorie					
diet. Your daily values may be higher or low er					
depending on your calorie needs:					
	Calories		2,000	2,500	
Total Fat Sat Fat	Less tha		65g	80g	
Sat Fat Cholesterol	Less that Less that		20g 300mg	25g 300mg	
Sodium	Less tha		2,400mg	2,400mg	
Total Carbohydrate			300g	375g	
Dietary Fiber			25g	30g	
Calories per gram:					
Fat 9 Carbohydrate 4 Protein 4					

INGREDIENTS: STRAWBERRIES, PINEAPPLE, MANGO, PASSION FRUIT, COCONUT FLAKES, WATER, CANE SUGAR, NATURAL STABILIZERS (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), CITRIC ACID.

Allergen information: Contains Tree Nut (Coconut) Ingredients