

**NATURAL FRUIT CORPORATION
MANGO FROZEN FRUIT BARS**

Nutrition Facts	
Serving Size 4 fl oz (110 g)	
Servings Per Container 1	
Amount Per Serving	
Calories 120	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 13 mg	1%
Total Carbohydrate 31g	10%
Dietary Fiber 0g	0%
Sugars 27g	
Protein 0g	
Vitamin A 30%	• Vitamin C 15%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: MANGO, WATER, FRUCTOSE, SUCROSE, NATURAL STABILIZERS (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), CITRIC ACID.

INGREDIENTES: MANGO, AGUA, FRUCTOSA, SUCROSA, NATURAL STABILIZERS (GOMA GUAR, GOMA CAROBE, CARRAGENA), CITRIC ACID.

Allergen information: Good manufacturing practices used to segregate ingredients in a facility that also processes tree nut (coconut) and milk ingredients.